EXPRESSLY FOR YOU

Dining Menu

Daily Alternatives

Breakfast
Scrambled Eggs, Pancakes, French Toast, Bacon, Grilled Ham, Assorted Cold Cereal, Oatmeal, Bagel and Cream Cheese, Fresh Fruit Cup, Yogurt (Plain or Fruited), Muffins

Lunch / Dinner Entrees
Chicken or Vegetable Penne, Baked Fish, Assorted Cold Sandwiches, Fruit Salad with Cottage Cheese, Chicken Caesar Salad, House Salad, Grilled Chicken, Hamburger on a bun, Baked Chicken Tenders, Personal Pizza, Grilled Cheese Sandwich

Sides
Chicken Noodle Soup, Steamed Rice, Whipped Potatoes, Mixed Vegetables

Fruits/Desserts
Banana, Fruit Cup, Applesauce, Vanilla or Chocolate Ice Cream, Pudding, Fruit Ice, Gelatin

Some Items may not be appropriate for all diets; your host/hostess will assist you with the appropriate alternatives.
Breakfast Chef Special

Monday
OJ, Cream of Wheat, Pancakes, Sausage Links, Fruit Yogurt

Tuesday
Apple Juice, Oatmeal, French Toast, Grilled Ham, Banana

Wednesday
OJ, Raisin Bran Cereal, Scrambled Eggs, Bacon Strips, Corn Muffin

Thursday
Apple Juice, Cream of Wheat, Pancakes, Sausage Links, Banana

Friday
OJ, Bran Muffin, Oatmeal, Scrambled Eggs

Saturday
Apple Juice, Raisin Bran Cereal, French Toast, Bacon Strips, Banana

Sunday
OJ, Oatmeal, Scrambled Eggs, Hash Brown Potatoes

Lunch Chef Special

Monday
Split Pea Soup, Hot Roast Beef Sandwich with Gravy, Summer Squash, Apple Pie

Tuesday
Garden Vegetable Soup, Grilled Chicken Breast, Country Parsley Potatoes, Baby Carrots, Peaches

Wednesday
Spaghetti with Meatballs, Sliced Carrots, Wheat Dinner Roll, Vanilla Pudding

Thursday
Chicken Rice Soup, Ropa Vieja over Noodles, Mixed Vegetables, Wheat Dinner Roll, Peaches

Friday
Garden Vegetable Soup, Macaroni & Cheese, Green Beans, Wheat Dinner Roll, Applesauce

Saturday
Lentil Soup, Stuffed Shells, Mixed Vegetables, Fresh Baked Chocolate Chip Cookies

Sunday
Beef Noodle Soup, Roasted Turkey, Oven Roasted Potato Wedges, Broccoli, Chocolate Pudding

Dinner Chef Special

Monday
Mojo Pork Loin, Steamed Rice, Mixed Vegetables, Wheat Dinner Roll, Chocolate Pudding

Tuesday
Tossed Salad, Homestyle Meatloaf with Gravy, Whipped Potatoes, Greens Beans, Wheat Dinner Roll, Fruit Cup

Wednesday
Tossed Salad, Baked Tilapia, Oven Roasted Potato Wedges, Broccoli, Pears

Thursday
Tossed Salad, Arroz con Pollo (Chicken and Rice), Peas, Orange Gelatin

Friday
Tossed Salad, Baked Salmon, Brown Rice, Broccoli, Chocolate Cake

Saturday
Cilantro Roasted Chicken, Baked Potato, Summer Squash, Wheat Dinner Roll, Fruit Cup

Sunday
Tossed Salad, Pot Roast, Rice Pilaf, Steamed Green beans, Wheat Dinner Roll, Fruit Cocktail