BREAKFAST CHEF SPECIALS

MONDAY

French Toast

Served with a Fruit Cup

TUESDAY

Buttermilk Pancakes

Served with a Fruit Cup

WEDNESDAY

Plain Bagel w/ Cream Cheese

Served with Fresh Fruit Cup

THURSDAY

American Cheese Omelet

Served with a Fruit Cup

FRIDAY

French Toast

Served with a Fruit Cup

SATURDAY

Buttermilk Pancakes

Served with a Fruit Cup

SUNDAY

Swiss Cheese Omelet

Served with a Fruit Cup

A HOST WILL ASSIST YOU WITH YOUR ORDER SELECTIONS.

Some items may not be appropriate for your diet. Please allow us to help you select.

LUNCH CHEF SPECIALS

MONDAY

Chicken Marsala served with Italian Blend Vegetables, Orzo and Chicken Noodle Soup

Chef Salad Platter served with a Soft Roll

Dessert: Diced Pears

TUESDAY

Stuffed Peppers served with Spinach, Roasted Potatoes, and Beef Barley Soup

Cheese Pierogi served with Sour Cream and Applesauce

Dessert: Pineapple Chunks

WEDNESDAY

Herb-Marinated Pork Loin served with Broccoli, Rice Pilaf, and Vegetable Soup

Chicken over Bowtie Pasta with Broccoli

Dessert: Baked Apple

THURSDAY

 $\textbf{Meatloaf with Mushroom Gravy} \ \text{served with Peas and Pearl}$

Onions, Mashed Potatoes, and Lentil Soup

Egg Salad served on Marbled Rye

Dessert: Diced Pears

FRIDAY

Baked Fish served with Carrots, Roasted Potatoes, and Manhattan Clam Chowder

Chicken Caesar Salad with Dressing

Dessert: Vanilla Ice Cream

SATURDAY

Pepper Steak served over white rice with mixed vegetables, and Minestrone Soup

Macaroni and Cheese

Dessert: Pineapple Chunks

SUNDAY

Chicken Parmesan served with Green Beans, Penne Pasta, and Tomato Soup

Vegetable Frittata

Dessert: Chocolate Pudding

DINNER CHEF SPECIALS

MONDAY

Beef Stroganoff served over Egg Noodle with Green Beans, and Minestrone Soup

Stuffed Shells with Marinara Sauce

Dessert: Peach Crisp

TUESDAY

BBQ Chicken and Cornbread served with Steamed Carrots and Chicken & Rice Soup

Spaghetti and Meatballs

Dessert: Lemon Coconut Cake

WEDNESDAY

Turkey Shepherd's Pie served with Zucchini and Chicken Noodle Soup

Eggplant Rollatini

Dessert: Cherry Cobbler

THURSDAY

Lemon Chicken served with Brussel Sprouts, Wild Rice Blend, and Tomato Soup

Baked Salmon

Dessert: Chocolate Mousse

FRIDAY

Pot Roast with Gravy served with Peas, Mashed Potatoes, and Vegetable Soup

Sautéed Shrimp over Linguini

Dessert: Lemon Meringue Pie

SATURDAY

Baked Chicken Breast served with Carrots, Mashed Potatoes, and Beef Barley Soup

Panko Crusted Baked Tilapia

Dessert: Vanilla Ice Cream

SUNDAY

Roasted Turkey and Stuffing served with Zucchini, Mashed Sweet Potatoes, and Lentil Soup

Roast Pork Loin

Dessert: Carrot Cake

BEVERAGES

HOT

Coffee (Reg. or Decaf)
Tea (Reg. or Decaf)
Hot Chocolate (Reg. or SF)

COLD

Iced Tea (*Reg. or Diet*) Ginger ale (*Reg. or Diet*) Pepsi® (*Reg. or Diet*)

JUICE

Grape Orange Apple Cranberry

Prune

COLD MILK

Fat Free 2%

Whole Lactose Free

Soy



If further assistance or information is needed, please call extension 5363 and we will be happy to assist you between the hours of 7:00am to 7:00pm.

Breakfast Service is 7:15am - 9:15am Lunch Service is 11:15am - 1:15pm Dinner Service is 4:15pm - 6:15pm

EVERYDAY FAVORITES

BREAKFAST

Oatmeal

Cream of Wheat

Assorted Cold Cereals

Scrambled Eggs (Reg. or Low Cholesterol)

Pancakes

Bacon

Sausage

English Muffin

Bagel & Cream Cheese

Yogurt

LUNCH & DINNER

Hamburger

Cheeseburger

Veggie Burger

Grilled Cheese

Cold Sandwiches

Chicken Sandwich

Chef Salad

Rice & Beans

Personal Pizza

Chicken Tenders

Grilled Vegetable Plate

Eggplant Parmesan

Pierogis

Baked Chicken Breast

Baked Fish

DESSERTS

COOKIES

Graham Crackers Oatmeal Cookie Chocolate Chip Cookie

PUDDING

Vanilla (Reg. or SF) Chocolate (Reg. or SF)

Rice Pudding

FRUIT

Fruit Cocktail Fresh Fruit Cup
Peaches Applesauce
Apple Banana

Orange

FROZEN DESSERTS

Ice Cream (Reg. or SF): Vanilla, Chocolate

Sherbet: Orange, Lemon Lime

Fruit Ice (Reg. or SF): Orange, Lemon

ACCOMPANIMENTS

Tomato Soup

Broth: Chicken, Beef, Vegetable

Garden Salad Mashed Potatoes

Egg Noodles

White Rice

Mixed Vegetables

Steamed Carrots

French Fried

Dinner Roll

White Bread

Wheat Bread

Crackers